

EXAMPLES OF DESIRED PRACTICE OUTCOMES (DPOs)

ROLE 1 DPO – PROVIDE PHARMACEUTICAL CARE

Partially Meets the DPO Criteria

In recent years, there have been many new medications and changes in the monitoring for chronic disease states. I need to update myself in this area. I will upgrade my general knowledge in four specific disease states:

- Asthma
- Diabetes
- Hypertension
- Osteoporosis

By the time I am done with this LPP, I should be better able to counsel patients with my new knowledge—at least that is what I am planning on!

This DPO relates to Role 1 and also to Role 4.

Fully Meets the DPO Criteria

My practice has many asthma patients with poor medication compliance and frequent episodes of shortness of breath. In recent years, there have been many new medications and changes in monitoring for chronic disease states such as asthma. Based on the needs of patients in my pharmacy, I will upgrade my knowledge in asthma management in order to help my patients achieve better control over their condition. To do this I will:

- Enroll in Asthma Management for Health Professionals and Monitoring Parameters for Asthmatics, sponsored by CPhA
- Take a web-based continuing education course called “The Role of Corticosteroids in Asthma Maintenance”
- Read all the updates in Asthma Therapy published by the Asthma Society of Canada

As a result of this new knowledge, I hope to be able to counsel patients in managing their asthma better. If patients have a better understanding of why/when to use their inhalers, we should see better outcomes. In order to see if this occurs, I will ask patients to enroll in an “Asthma Management Program.” I will do a one-month baseline assessment of their condition including reviewing their peak flows, use of rescue inhalers, and medication compliance.

I will then set up a workshop to teach these patients about their condition, medications, inhaler techniques and monitoring. I will follow these patients for three months to see if there are improvements in their condition and their medication compliance. This program can continue to be a service that other pharmacists in our practice can offer to new asthma patients.

This DPO relates primarily to Role 1.